

## *Nurses for Divine Mercy*

### *Abortion and Divine Mercy: Spiritual Care of the Mother Suffering from the Effects of an Abortion*

*...Oh, how great is the goodness of God, greater than we can understand. There are moments and there are mysteries of the divine mercy over which the heavens are astounded. Let our judgment of souls cease, for God's mercy upon them is extraordinary. St. Faustina, (Diary 1684)*

### *Recognition of the Injury to the Mother from Abortion:*

Mothers who have experienced abortion are catastrophically emotionally injured and do not recognize this interior injury to their soul. They can recognize physical injury, but avoid the deep interior pain of the loss of this child within them, a part of their own being. There is no *natural* recovery from this wound; only the mercy of God can intercede if the mother is willing to repent of this grave sin and ask for God's mercy. God's mercy is endless, boundless and is the way to recovery from this wound that will not heal interiorly on its own without God's mercy.

#### *Jeremiah 31:15-1*

**In Ramah is heard the sound of moaning,  
of bitter weeping!  
Rachel mourns her children,  
she refuses to be consoled  
because her children are no more.**

Today, the massacre continues with abortion and the mother has no outlet for her grief publicly. The services provided by Pastoral Counseling, Project Rachel and you, yourself as a Christian are bringing or will bring, Jesus, The Divine Mercy to the suffering mother.

Talking to a mother that has suffered from an abortion is a loving task and in doing this, you become the merciful presence of Jesus. A few suggestions to help ease the pain is to LET THE MOTHER KNOW THAT HER OWN CHILD HAS ALREADY FORGIVEN HER AND IS WITH GOD, INTERCEDING FOR HER, SO THAT SHE MIGHT LET HERSELF BE EMBRACED BY THE MESSAGE OF FORGIVENESS AND HEALING IN THE MERCY OF GOD.

St. Faustina tells us what Jesus says about suffering souls:

*“Write this for the benefit of distressed souls: when a soul sees and realizes the gravity of its sins, when the whole abyss of the misery into which*

*it immersed itself is displayed before its eyes, let it not despair, but with trust let it throw itself into the arms of My mercy, as a child into the arms of its beloved mother.*

*These souls have a right of priority to My compassionate Heart, they have first access to My mercy. Tell them that no soul that has called upon my mercy has been disappointed or brought to shame. I delight particularly in a soul which has placed its trust in My goodness.”(1541) Diary*

## ***Spiritual Care of the Mother***

***James 4: 8***

**Draw near to God, and he will draw near to you.**

When a suffering mother approaches you, and discloses this very private information, be available to talk, to be directly supportive and assist wherever possible with food, shelter and safe harbor. **MERCY IN ACTION** is the best possible intervention to initiate healing in the life of the mother. Encourage this suffering mother to place great trust in the mercy of God for there is no sin that cannot be forgiven.

Jesus tells us through St. Faustina about Trust and Mercy:

***Trust***

*“The graces of My mercy are drawn by means of one vessel only, and that is - trust. The more a soul trusts, the more it will receive. Souls that trust boundlessly are a great comfort to Me because I pour all the treasures of my graces into them.” (1578) Diary*

Know that you can do much for the suffering mothers by your prayer at 3 :00 PM. Jesus promised to especially hear our prayer for poor sinners.

***The Hour of Great Mercy: 3:00 PM***

*“As often as you hear the clock strike the third hour, immerse yourself completely in My mercy, adoring and glorifying it; invoke its omnipotence for the whole world, and particularly for poor sinners; for at that moment mercy was opened wide for every soul. In this hour you can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world - mercy triumphed over justice.” (1572) Diary*

If the mother has NOT had the abortion and is considering abortion, pray The Divine Mercy Chaplet together with her or for her if that is not possible. Discuss the mercy of God, how Jesus, The Divine Mercy will directly intervene to assist her in her

situation, no matter what the circumstances are in preserving the life of her child. Jesus will give her the grace to bring this child safely into the world.

Jesus tells us:

*If souls would put themselves completely in My care, I Myself would undertake the task [assisting them in their need] of sanctifying them, and I would lavish even greater graces on them. There are souls who thwart My efforts, but I have not given up on them; as often as they turn to Me, I hurry to their aid, shielding them with My mercy, and I give them the first place in My compassionate Heart. Diary 1682*

We turn to sacred scripture also to see the great mercy of God:

### ***Psalm 34: 19***

**The LORD is close to the brokenhearted, saves those whose spirit is crushed.**

Any mother who has been convinced that the lie of abortion is the answer, and has the abortion, quickly finds out that this is the worst possible solution to a seemingly insurmountable “problem pregnancy” of having a child. Her spirit, the very life that is in her has been mortally injured with the death of her baby. Instead of “getting rid” of the “problem pregnancy” she has created an even greater problem. She starts hating herself for what she has done, is ashamed and most of all filled with regret at having agreed and committed such a desperate act of killing her child.

Remember Jesus’ prayer to His heavenly Father from the Cross:

### ***Luke 23: 34***

**“Father, forgive them, they know not what they do.”**

When the act is done, slowly the regret turns into remorse, self-pity and sometimes a feeling that this sin is too great even for God to forgive. Feelings of suicide may surface and this needs to be immediately coordinated with the local Emergency Room or Suicide Hotline or with a friend that can stay with this mother until professional help can be obtained.

Other sequela that can surface in the aftermath of an abortion:

- Guilt
- Anxiety
- Depression
- Shame
- Suicidal thoughts
- Eating disorders
- Alcohol/drug abuse

After the professional assistance is obtained, when you meet with the mother, let her know that fear, shame and guilt can be removed by God's forgiving love when we seek forgiveness. During this time, you may teach the mother this short and powerful prayer from Jesus:

*"O Blood and Water which gushed forth from the Heart of Jesus as a Fount of Mercy for us, I trust in You!" (Diary, 309)*

Jesus tells us through St. Faustina:

*"Tell souls not to place within their own hearts obstacles to My mercy, which so greatly wants to act within them. My mercy works in all those hearts which open their doors to it. Both the sinner and the righteous person have need of My mercy. Conversion, as well as perseverance, is a grace of my mercy." (1577, Diary)*

As a person trying to help, I need to ask myself, "What would Jesus do in this situation? How would He wish to use me for this hurting mother?" Before speaking to this mother, each of us can consider this question:

**How would Jesus heal, console and encourage that heart through me?  
Jesus tells us:**

**Luke 6: 36**

**"Be merciful, just as your Father is merciful."**

Pray for the light and guidance of the Holy Spirit to know what to do for each mother suffering from the effects of having an abortion. First of all, our job is to assist spiritually by praying for her who has suffered through the abortion and help her find help in the community. Remember, that help might be YOU and the Lord reminds us of three ways of caring and being merciful:

*"I am giving you three ways of exercising mercy toward your neighbor: the first by deed, the second by word, the third by prayer. In these three degrees is contained the fullness of mercy and it is an unquestionable proof of love for Me. By this means a soul glorifies and pays reverence to My mercy." (742, Diary)*

When uniting our hearts to the passion of Jesus, The Divine Mercy, all of us become the merciful presence of Jesus helping to heal what God can heal through us. Each one of us is important in helping this injured mother who is injured spiritually and physically by the effects of abortion.

Jesus tells us:

*“I have opened my Heart as a living fountain of mercy. Let all souls draw life from it. Let them approach this sea of mercy with great trust.” (1520, Diary)*

If the mother is angry or regretful over the death of her child, encourage her to verbalize her feelings to God in prayer. Also tell her to listen in her heart for the answer from God and be open to do His will. Use the Blessed Virgin Mary as the perfect model doing God’s Holy Will at all times in her life and ask her to help this mother. Do not leave this mother alone at this time as these feelings can easily erode into suicide or anger taken out on living children resulting in abuse.

### ***Spiritual Care of the Mother from the Aborted Child:***

The prayers of these innocent babies that have died in the womb are very powerful before the throne of God. By their prayers, the parents receive healing from Jesus, our merciful Lord.

#### ***Isaiah 49:15-16***

- 15 Can a mother forget her infant,  
be without tenderness for the child of her womb?  
Even should she forget,  
I will never forget you.**
- 16 See, upon the palms of my hands I have written your name;  
your walls are ever before me.**

As providers of **spiritual support**, you can help the mothers in the following way:

1. Encourage the mother to pray to her child, asking for healing from the Lord, who in her anguish made the decision to end the baby’s life.
2. Encourage the mother to pray with their child for her and the father, the medical team and anyone to do with the abortion in order to receive forgiveness and mercy from God, and to be re-united spiritually with their child through Jesus, The Divine Mercy.
3. Let the mother and father know that the child has forgiven them and longs to know them and have a relationship with them right now-spiritually.
4. Suggest to her to choose a name for her child and pray by name to her baby.

## ***Spiritual Care of the Nurse or Medical Team Who Have Assisted in the Abortion:***

If you are working with a nurse or member of the medical team, wherever possible, bring the awareness of the painful tragedy of ending the life of the unborn and the lifelong destructive consequences on the mother. No matter what the circumstances, turn to the mercy of God and encourage the nurse and medical team to specifically ask Jesus, The Divine Mercy for assistance in giving up this way of life in medicine.

Discuss viable vocational alternatives in medicine such as transferring departments and getting out of surgery that may be an option. If the nurse or members of the medical team are in a freestanding abortion mill, the efforts to move the nurse or medical team members out of there may take more time and effort on your part...BUT IT IS FOR THEIR TRUE AND DEEPEST HAPPINESS!!!!

Direct them to Pastoral Counseling, Support Counseling and transitional Vocational Counseling to assist them with a permanent life change both spiritually and in the specific line of work.

### ***Specific Prayers of Intercession to Jesus, The Divine Mercy:***

Introducing The Divine Mercy message and devotion and using it specifically with a mother and the medical team is a powerful, dynamic prayer of conversion. I would suggest the following prayers:

1. Pray ***“Jesus I Trust in You”***, teaching the mother to frequently call on the holy name of Jesus in mercy.
2. Together with the mother, pray **The Divine Mercy Chaplet** and share with her the powerful words of our merciful Savior:

*“Even if there were a sinner most hardened, if he were to recite this chaplet only once, he would receive grace from My infinite mercy. I desire that the whole world know My infinite mercy. I desire to grant unimaginable graces to those souls who trust in My mercy.”(687) Diary*

3. Teach the prayer of conversion given to us by Jesus through St. Faustina:

*“O Blood and Water, which gushed forth from the Heart of Jesus, as a fount of mercy for us, I trust in You!” (187) Diary*

4. Facilitate any movement in the heart of the mother or medical team toward Confession, Holy Mass and Communion.

I would like to mention: ALTHOUGH WE NEED TO PRAY FOR THE CHILD IN THE WOMB, THE ABORTED CHILD (OR ANYONE IN HEAVEN) DOES NOT NEED PRAYERS FOR HIMSELF OR HERSELF...this innocent child is a powerful intercessor before God, so continue to pray to this precious aborted child on behalf of the parents and medical team and others involved.

***The Sacrament of Penance in Times of Serious Crisis is the first step toward healing the wound and suffering from having an abortion. Jesus tells us through St. Faustina:***

*“Write, speak of My mercy. Tell souls where they are to look for solace; that is, in the Tribunal of Mercy [The Sacrament of Reconciliation]. There the greatest miracles take place [and] are incessantly repeated. To avail oneself of this miracle, it is not necessary to go on a great pilgrimage or to carry out some external ceremony; it suffices to come with faith to the feet of My representative and to reveal to him one’s misery, and the miracle of Divine Mercy will be fully demonstrated.*

*The miracle of Divine Mercy restores that soul in full. Oh, how miserable are those who do not take advantage of the miracle of God’s mercy! You will call out in vain, but it will be too late.” (1448) Diary*

*“When you go to Confession, to this fountain of My mercy, the Blood and Water which came forth from My Heart always flows down upon your soul and ennoble it. Every time you go to Confession, immerse yourself entirely in My mercy, with great trust, so that I may pour the bounty of My grace upon your soul. (1602) Diary*

The greatest healing that can take place in the anguished heart of the mother is in the Sacrament of Reconciliation. Be assured, this is the first step towards healing. Then you can network with the many professionals that can help this mother towards healing this wound in her heart.

## ***Regret, Grief and Hope***

Counsel this suffering mother not to let regret from this action turn into despair, eroding into feelings of suicide. Jesus has completely and totally forgiven her, so the direction you turn her is to Jesus, The Divine Mercy who has the answer to every wound in her heart. I would like to mention, if this mother is you, remember to bring yourself to Confession.

*When you approach the confessional, know this that I Myself am waiting there for you. I am only hidden by the priest, but I Myself act in your soul. Here the misery of the soul meets the God of mercy.” (1602, Diary)*

Seek spiritual care immediately not only from the tribunal of mercy but in Holy Communion and ask for Pastoral Counseling and get involved with Project Rachel. In this way, you are opening the door to healing from Jesus, The Divine Mercy. If you are this person’s friend, do not be afraid to suggest returning to the Sacraments and seeking help through the excellent resources of the Catholic Church.

The grieving process may take a very long time, do not be surprised if this is over a year OR LONGER with professional help. Encourage this mother to take the time to grieve, but with hope in her heart as Jesus, The Divine Mercy has her innocent child or children in his arms. The most hopeful fact is that Jesus, The Divine Mercy has these kids in His arms and Our Lady’s arms and they are waiting for you to **name these children and take them back spiritually as your own.** They are not lost, they are waiting with the merciful Jesus to be re-discovered by this mother and kindle the hope of meeting them someday in heaven...starting that relationship here on earth!

## *“Letting it Go” - Forgiving Yourself and Avoiding the Tricks of the evil one.*

I have gathered some interesting lethal suggestions by the devil to make you aware of the battle you will have in helping the mother go to confession. Persevere in your efforts as spiritual caregivers to bring this mother or a person on the medical team back to the Sacraments.

### **Temptations Before Confession:**

1. Why tell the priest...he will never understand...
2. You will provoke the wrath or receive un-forgiveness.
3. You are not really forgiven...doubt starts to creep into play...
4. Procrastinate week to week...push off confession and for sure don’t go today.
5. Hide the sin-don’t tell the priest...“ Not that one” At the last minute you decide that you blew it...you really don’t need to confess it...who can understand you...no one can understand, least of all God. He is really not that merciful.

### **Temptations that may be experienced after confession:**

1. Doubts about God and His forgiveness.
2. Attacks against the mother in other ways.
3. God will not take you back after “that” sin.
4. The devil is the accuser and will think of anything to accuse the mother and try to bring her down and not believe in the infinite goodness and mercy of God.

Helping the mother to realize that before or after confession, it is easy to “beat herself up” spiritually and emotionally. Stop all thoughts in this direction and remember its over, Jesus, The Divine Mercy has forgiven her. Do not let the devil tempt her into thinking that she is not forgiven, or that her Confession was inadequate. Prepare her to accept in her heart the forgiveness that God has given her-entirely and with welcome arms, rushing to help her.

**Jesus tells us that what offends Him most is our lack of trust in Him**, so do not fall to this temptation. Jesus knows your heart and has forgiven you, pray “Jesus I Trust in You” and firmly believe that the Sacrament has given you the grace and “let it go”. Make frequent acts of faith and trust in Jesus, asking Him to help you as well as Our Lady, Mother of Mercy.

## *The Holy Eucharist: The Moment of Healing*

Women who have survived abortion have asked me: “How are we healed?” It is the moment of trust in Holy Communion that we are all healed of our brokenness, abandoning ourselves to trusting in the mercy of Jesus, The Divine Mercy.

*“Lord I am not worthy to receive you, only say the word and MY SOUL WILL BE HEALED.”*

Teach the hurting mother to expect her heart to be healed. It is her own FAITH AND TRUST in Jesus that activates MERCY and Jesus, The Divine Physician HEALS her. Do not be afraid to go to the merciful Jesus and beg Him through the Holy Eucharist for this healing of her soul. His mercy is greater than any sin and more lavish than we can imagine and HE WANTS US BACK.

Listen to this beautiful healing that happened through a woman’s faith as related in

### *Luke 8:43-45*

**43 And a woman afflicted with hemorrhages for twelve years, who (had spent her whole livelihood on doctors and) was unable to be cured by anyone,**  
**44 came up behind him and touched the tassel on his cloak. Immediately her bleeding stopped.**

**45 Jesus then asked, "Who touched me?"**

We know that Jesus was in the middle of a crowd, yet BECAUSE OF HER FAITH, SHE WAS INSTANTLY HEALED. How much more today, with **Jesus’ TRUE PRESENCE IN THE MOST HOLY EUCHARIST**, for us to ask with FAITH AND TRUST for our own healing from past sins. So gently and firmly encourage this suffering mother to RETURN TO THE SACRAMENTS and receive Jesus who is alive in the Most Blessed Sacrament.

Everything is done with and in Jesus to become healed from this terrible wound, so let the most precious blood of Jesus' Divine Mercy heal your soul from the sickness of sin.

I would like to share the beautiful prayer of St. Faustina:

O my God, my only hope, I have placed all my trust in You, and I know I shall not be disappointed. (Diary, 317)

## ***Non-Disclosure in Assisting Mothers: Compassion vs. Competition***

Nurses and those helping with the spiritual care of a mother who is just remembering an abortion or discovering the lie and the real truth about abortion does not have to feel obligated for self-disclosure of any past abortions or any other sin for that matter. Your privacy is your privilege and does not lessen the effectiveness of your ministry to these women.

You are qualified for the job of assisting and coordinating the care of a suffering mother as a **Christian**, becoming the merciful presence of Jesus by **BEING THERE TO HEAR THIS MOTHER'S STORY** and to facilitate her care. Treat her like Jesus treats all of us with our own sins - with understanding and compassion. This is **NOT** a competition on who can tell whom the most sins or in this case abortion(s). This is strictly between the priest (who is listening and counseling for Jesus) and the penitent in the Sacrament of Confession.

**The Nursing Spiritual Action:** Listening with compassion in a non-judgemental atmosphere, discussing trust in Jesus, The Divine Mercy and the mercy of God for her. Gentleness and discretion in directing the conversation towards God and His tender mercy is the key to letting the Holy Spirit work in her heart.

**In fact, keep the conversation off of yourself and on the mother, directing her gently in the following areas:**

1. That returning to the Sacraments is the first step for healing. Offer to drive her or provide help to get her to a priest.
2. If the mother has **NOT** had the abortion, help her seek appropriate prenatal care for herself and the baby for a healthy child at birth. Remember if the mother feels frightened or threatened in her housing situation, she could lie and tell you she is not having the abortion and then have one as she was not removed from the abusive or threatening domestic situation.
3. Seek individual assistance from Project Rachel, Individual Counseling, The Sisters of Life or Pastoral Care. If there is any suicidal ideation, assist the mother in obtaining the appropriate care she needs through the Emergency Room and

- Psychiatric division of the local hospital.
4. Remember the only help this mother may have facilitating her spiritual care may be YOU.

## ***Suicide and Abortion: Divine Mercy Direct Intervention With God's Powerful Final Grace of Mercy***

There are a significant number of mothers who have suffered abortion that have committed suicide. They found out too late the lie of the abortion industry and were severely depressed and distressed over the loss of their child. Now there are two deaths: mother and baby (or babies). If you know a mother or a family member that has died this way, we hear what St. Faustina has to tell us about sudden death. St. Faustina tells us about how God Himself cares spiritually for those that die suddenly and this gives us great HOPE in the GOODNESS and Mercy of God:

"I often attend upon the dying and through entreaties obtain for them trust in God's mercy, and I implore God for an abundance of divine grace, which is always victorious. God's mercy sometimes touches the sinner at the last moment in a wondrous and mysterious way. Outwardly, it seems as if everything were lost, but it is not so. The soul, illumined by a ray of God's powerful final grace, turns to God in the last moment with such a power of love that, in an instant, it receives from God forgiveness of sin and punishment, while outwardly it shows no sign either of repentance or of contrition, because souls [at that stage] no longer react to external things.

Oh, how beyond comprehension is God's mercy! Although a person is at the point of death, the merciful **God gives the soul that interior vivid moment**, so that if the soul is willing, it has the possibility of returning to God."(1698) Diary

In closing, for those who would like to, let us make our Consecration to Jesus, The Divine Mercy:

### **Act of Consecration to Jesus, The Divine Mercy**

Most Merciful Lord, Jesus,  
Your Goodness is endless,  
and the Treasury of Your graces is inexhaustible.  
I trust without limits in Your mercy,  
which is above all your works.

I offer myself to You totally and without reservations,  
to strive towards Christian perfection  
and to live under the shelter of the rays,  
which flowed from Your divine Heart on the Cross.

I desire to spread Your mercy  
by performing deeds of mercy  
both for the soul as well as the body,  
especially by concern for the conversion of sinners,  
by bringing comfort to those in need of help,  
to the sick and the dejected,  
by praying for the dying  
and for the Souls suffering in Purgatory.

You, however, protect me as Your property and glory,  
for I am afraid of everything due to my weakness,  
but at the same time I expect  
everything from Your mercy.

Let all humankind come to know  
the immeasurable depth of Your mercy,  
place its trust in It, and extol It for endless ages.  
Amen

In conclusion, I would like to share a blessing with you from the Nurses for Divine Mercy. It is not the same blessing as a priest, but St. Paul tells us to love one another and bless each other.

*“May my crucified Jesus bless you and His Divine Mercy heal you, and may you receive every grace and blessing of Our Lord Jesus Christ, in the name of the Father, the Son and the Holy Spirit.” Amen*

End of Speech .....!!!

Other reference quotes:

*“Proclaim that mercy is the greatest attribute of God. All of the works of My hands are crowned with mercy.”(301) Diary*

**John 6: 55-56**

“For My flesh is true food, and My blood is true drink. He who eats My flesh and drinks My blood abides in Me and I in him.”

***Psalm 130:1-2***

**Out of the depths I call to you,  
LORD;  
LORD, hear my cry!  
May your ears be attentive  
to my cry for mercy.**

***Jeremiah 31:15-1***

**In Ramah is heard the sound of moaning,  
of bitter weeping!  
Rachel mourns her children,  
she refuses to be consoled  
because her children are no more.**

### ***Matthew 2: 17 The Massacre of the Infants***

16 When Herod realized that he had been deceived by the magi, he became furious. He ordered the massacre of all the boys in Bethlehem and its vicinity two years old and under, in accordance with the time he had ascertained from the magi.

17 Then was fulfilled what had been said through Jeremiah the prophet:

18 "A voice was heard in Ramah, sobbing and loud lamentation; Rachel weeping for her children, and she would not be consoled, since they were no more."

St. Faustina saw a vision in which the priest exposed the Blessed Sacrament and the rays from the Image of The Divine Mercy pierced the Sacred Host and spread out all over the world. Jesus said to her:

*"These rays of mercy will pass through you, just as they have passed through this Host, and they will go out through all the world." (441) Diary*

### ***Psalms 22: 10-12***

Yet you drew me forth from the  
womb,  
made me safe at my mother's  
breast.

Upon you I was thrust from the  
womb;  
since birth you are my God.

Do not stay far from me,  
for trouble is near,  
and there is no one to help.